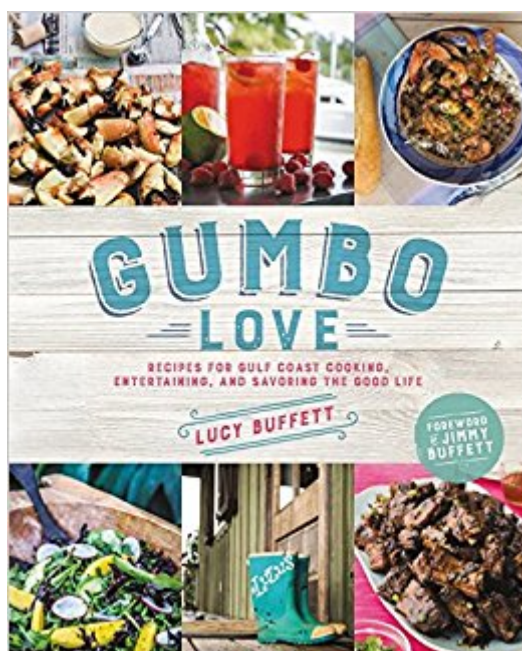


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# Gumbo Love: Recipes For Gulf Coast Cooking, Entertaining, And Savoring The Good Life



## Synopsis

A delicious love letter to the Gulf Coast's vibrant food culture. Since she was a young girl, Lucy Buffett has believed in the power of gumbo-the stirring, the transformation of the roux, the simple ingredients cooking up into something much better than just the sum of its parts. It's only fitting that she signs her name with "Gumbo Love" and that she makes a living feeding people the most delicious, soul-satisfying food. Her new cookbook, GUMBO LOVE, is a labor of love and includes recipes from all over the Gulf Coast. The dishes incorporate Caribbean, Cajun, Cuban, Mexican, Old Florida, and Creole influences. Lucy proves through her collection of recipes that the Gulf Coast has its own distinct flavors and traditions that make it a coastal destination year after year. And with some of the best seafood and produce the country has to offer, the Gulf Coast-beyond just New Orleans-has a vibrant cuisine and culture, making it a treasured culinary destination in its own right. Lucy combines over one hundred new recipes with old favorites. She lives by her mother's philosophy: "Life is short-eat dessert first," so the very first chapter is filled with delectable sweets like Classic Southern Pound Cake with Strawberries, Buttermilk Orange Chess Pie, and Salted Butterscotch Blondies. Since you can't live on dessert alone, you'll find Gulf Coast favorites from Tailgate Shrimp and Crab Dip to Lucy's Signature Summer Seafood Gumbo, and Crab and Corn Fritters, along with dozens of other seafood appetizers and main dishes. And if you tire of seafood, Lucy shares her family favorites like Daddy's Fried Chicken, Beer-Braised Beef Brisket, Southern Fried Creamed Corn, and Greens and Grits. Incorporating stories from Lucy's childhood growing up in Mobile, Alabama, adventures traveling the seas as a cook, time spent working as a chef in New Orleans, and her philosophy of relaxation, gratitude, and seizing the day, this cookbook entertains and inspires as it serves up recipe after recipe, each tastier than the last.

## Book Information

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## Customer Reviews

Lucy "LuLu" Buffett cooked her way from coast to coast before returning home to Alabama to open a modest little bayside gumbo and burger joint that doubled as a bait shop. Now, she is the successful restaurateur of two locations of LuLu's in Gulf Shores, Alabama, and Destin, Florida, where she serves over a million guests a year. Her adventures-culinary and otherwise-inspired her to write LuLu's Kitchen (formerly self-published as Crazy Sista Cooking), and now Gumbo Love.

I cannot give it a personal rating as I bought it as a birthday gift for a friend, but I feel certain she will enjoy it, and the little vignettes at the beginning of each chapter are worth the price of the cookbook.

YES !! I love this book !!!'ve been to "lulu's" - wonderful people and great food!!! I can't wait to try all of the recipes!!! Beautifully done - pictures and stories are great !!!!

If you are lucky enough to live on the Gulf Coast, you already know Lucy Buffett. If not, this is the book for you. Not only is it full of wonderful recipes which I was lucky enough to sample, but the stories and photography are awesome.

Gorgeous pictures and wonderfully do-able recipes. A lovely addition to my cookbook collection.

Loving reading this, and cannot wait to make some of the recipes!

Lots of wonderful recipes.

Great Cookbook....Smooth Transaction...Highly Recommend!

I love Lucy!

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